



Training Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Adult Class All Levels 12:30 - 1:30 pm		Adult Class All Levels 12:30 - 1:30 pm		Testing Practice All Levels 9:00 - 10:30 am
			Kids Class Ages 8 - 10 4:00 - 5:00 pm		
Kids Class Ages 4 - 7 5:00 - 6:00 pm	Kids Class Ages 8 - 10 5:00 - 6:00 pm		Teen Class Ages 11+ 5:15 - 6:15 pm		
Teen Class Ages 11+ 6:15 - 7:15 pm	Kids Class Ages 4 - 7 6:15 - 7:15 pm	Kids Class Ages 4 - 5 6:00 - 7:00 pm	Adult Class Basics All Levels 6:30 - 7:30 pm	Kids Class* Ages 8 - 10 6:00 - 7:00 pm	
Adult Class Weapons All Levels 7:30 - 8:30 pm	Adult Class Basics All Levels 7:30 - 8:30 pm	Kids Class Ages 6 - 10 7:00 - 8:00 pm	Adult Class Weapons All Levels 7:30 - 8:30 pm	Adults & Teens All Levels 7:15 - 8:15 pm	
Open Mat 8:30 - 9:00 pm	Open Mat 8:30 - 9:00 pm		Open Mat 8:30 - 9:00 pm	Open Mat 8:15 - 9:00 pm	

* For kids ranked orange belt and higher

Monthly Dues

Kids: \$55 per month

Adults: \$80 per month

Students: \$70 per month

Family discounts available

New students may begin at any time

Visitors always welcome!